



TO GET REAL RESULTS...YOU NEED A REAL EXPERIENCE

# Put your SPORTS TEAM to the test at the *Ropes and Challenge Course*

Experience a variety of challenges including:

High Elements:

*Zip Line  
Floating Islands  
Team Belay  
Flying Squirrel*

Low Elements:

*Mountain Games  
Bosun Chairs  
Nitro Crossing  
Whale Watch*

We work with your team on:

- developing strong communication skills between teammates.
- problem solving
- handling conflict
- working together as a TEAM

We offer half & full day programs designed around your needs.

*For more details on pricing or to schedule a program, call or email us today.*

*"Tell me, I forget; show me, I remember; involve me, I understand."*

**We look forward to working with your group!**

[www.coaprograms.org](http://www.coaprograms.org); [coastaff@rogershospital.org](mailto:coastaff@rogershospital.org)

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