

C E N T E R F O R
ORGANIZATIONAL
ADVANCEMENT
OF ROGERS MEMORIAL HOSPITAL

Dear Parent/Guardian:

Your child has the opportunity to participate in an Experience Based Learning Program with the Center for Organizational Advancement at Rogers Memorial Hospital. The Center for Organizational Advancement structures programs based on: *“Tell me- I forget; show me- I remember; involve me- I understand.”* The program seeks to immerse the participant in challenging situations, while working together and utilizing their collective resources to overcome obstacles or achieve goals. Experiences are later processed as a group and applied to everyday life.

Our Ropes and Challenge Course uses a “Challenge by Choice” philosophy. The facilitator and team members help encourage individual participants, but each individual has the final say in their level of participation. If your child decides not to participate in an activity or wants to stop at a certain point, that is their choice and is acceptable, period. Participation does not require excessive cardiovascular exertion, speed or athletic endurance. Specific physical concerns that may limit their participation need to be brought to the attention of the facilitators. This is a non-competitive program and all choices will be respected and celebrated.

People of all ages and abilities have performed the team activities your child will experience. While at times these activities may seem challenging both mentally and physically, with creativity, problem solving and team support all participants can succeed. If your child has any specific needs, please indicate on the registration / health forms. You may also contact our office prior to the program day to discuss any questions or concerns.

Safety is the primary concern of everyone out on the course. As groups progress throughout the day, they are asked to be responsible for keeping themselves and their team physically and emotionally safe. Your child will be instructed on the “PEEP” safety system; **P**ersonal Safety, **E**nvironmental Safety, **E**motional Safety, and **P**hysical Safety. The Facilitator will monitor the team’s safety and adjust activities as needed.

The program takes place outdoors. Please have your child dress appropriately for the weather. Comfortable clothing that allows movement is preferred, rugged footwear is required.

We encourage participants **to bring** the following items:

- Rugged footwear is required (tennis shoes, hiking boots, closed toe and heel- solid shoes)
- Sunglasses / Hat or visor as desired
- Raingear/weather- appropriate Jacket
- Water bottle
- Sunscreen / Bug spray
- Camera
- Gloves for cooler weather

We encourage participants **not to bring**:

- Jewelry (necklaces, dangling earrings, and rings)
- Baggy or low hanging pants, “short” shorts or any clothing that restricts movement
- Big belt buckles, chains or items that hang down
- Expensive clothing or electronic items
- Shoes with open toes or heels are **not** allowed (this includes flip flops, Crocs & sandals)
- **No gum or candy is allowed during activities.**

Please note- there are no snack or soda vending machines onsite.

Available for purchase (call ahead for group quantities): Camera (\$10) Rain poncho (\$2)

We look forward to helping your child during this experience as they gain better understanding in communication and problem-solving techniques. Along the way, they might discover their own and other team members hidden skills. Ask your child to share examples of positive steps they or others made during this day!

If you have questions or concerns- one of our COA support staff is available to speak to parents:
Mondays, Wednesdays and Thursdays from 3:30- 6:00 pm at 1-800-767-6702 extension 1396.
You may also leave a message with a time or day that works best for you to receive a call back from us.

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