

UNDERSTANDING AND TREATING EXCESSIVE HEALTH ANXIETY

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6.0 AMA PRA Category 1 Credits™/6.0 Continuing Education Hours (See reverse side for accreditation information)



Friday, August 14, 2009

UW-Milwaukee School of Continuing Education (161 West Wisconsin Avenue, Suite 7000, Milwaukee, WI)

ABOUT THE PRESENTATION

Many people worry about their health, but those with excessive health anxieties are frequently referred to mental health services. This seminar reviews current knowledge about the etiology, assessment, case formulation, and treatment of excessive health anxiety, with a particular emphasis on hypochondriasis, one of the most clinically challenging forms of health anxiety. Cognitive-behavioral interventions and promising new approaches, such as motivational interviewing methods will be discussed. Participants will have the opportunity to develop a cognitive-behavioral case formulation and treatment plan and role-play from brief video clinical vignettes.

WHO SHOULD ATTEND

This seminar is designed for health care professionals seeking the latest information on health anxiety. Appropriate for entry, intermediate, and advanced practitioners, but is primarily targeted at the latter two levels.

LEARNING OBJECTIVES – At the conclusion of this educational activity, participants will be able to:

1. Describe the important clinical features of excessive health anxiety, with an emphasis on hypochondriasis.
2. Review the current state of knowledge concerning the etiology of excessive health anxiety, including predisposing, precipitating, and maintaining factors.
3. Describe a case-formulation approach relevant for treatment planning.
4. Review relevant assessment instruments and methods.
5. Review the comparative efficacy of treatments for excessive health anxiety, along with a review of the components of cognitive-behavior therapy for health anxiety.
6. Develop a cognitive-behavioral case formulation and treatment plan for selected cases.

REGISTRATION INFORMATION

Registrations taken on a first come, first serve basis until enrollment capacity is reached. If registering within two weeks of the seminar, call for space availability. All registrations must be pre-paid. No refunds will be given for cancellations. Fee covers materials, refreshments and certificate.

MAIL – Mail in the registration form below to: Marketing Registration, Rogers Memorial Hospital, 34700 Valley Road, Oconomowoc WI 53066.

FAX – Fax the registration form below to 262-646-9771 (MasterCard or Visa only).

PHONE – Call our workshop coordinator at 1-800-767-4411 ext. 1356 (MasterCard or Visa only).

Please contact our workshop coordinator if you would like to review a course agenda prior to attendance or have questions or concerns not addressed in this flyer.

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Participant Information:

Name _____ Credentials (e.g., MD, PhD, LCSW, LPC)

Organization _____

Mailing Address _____

City _____ State _____ Zip _____

Day Phone _____ Email Address _____

How would you like us to confirm your registration? Email

Registration Fee: \$100 (by July 10) \$150 (after July 10)

Payment Method:

Check enclosed (Please make payable to Rogers Memorial Hospital)

Charge my credit card: MasterCard Visa

Name on Card _____

Card Number _____ Expiration Date (mo /yr) _____

Last 3 Digits of Authorization Code (back of card) _____

Signature of Cardholder _____

Fax US Mail

GENERAL INFORMATION

Registrations taken on a first-come, first-served basis until enrollment capacity is reached. If registering within two weeks of the seminar, call for space availability. All registrations must be pre-paid. Fee covers materials, refreshments and discounted parking (for the *Shops of Grand Avenue* parking structure only). Confirmation will be sent by US mail, fax or email. A full refund, less a \$25 administrative fee, will be given if written/email notice of cancellation is received by August 3, 2009. After that date, no refunds are given. ADA accommodations will be made in accordance with the law; please indicate needs at the time of registration. If a grievance arises pertaining to continuing education activities or processes, the complainant is expected to notify our workshop coordinator either by phone or in writing, as soon as possible, so that the nature of the concern may be addressed in a timely fashion. To review course agenda and learning objectives prior to attendance, or if there are questions or concerns not addressed in this announcement, please contact our workshop coordinator at 800-767-4411 ext. 1356.

ACCREDITATION INFORMATION

All participants who complete a continuing education request form (included in the seminar materials) will receive a certificate. Please contact your individual licensing board/regulatory agency to review continuing education requirements for licensure renewal.

Physicians: This presentation has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Medical College of Wisconsin and Rogers Memorial Hospital. The Medical College of Wisconsin (MCW) is accredited by the ACCME to provide continuing medical education for physicians. The Medical College of Wisconsin designates this educational activity for a maximum 6.0 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content.

Social Workers: Rogers Memorial Hospital, provider number 1101, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org, through the Approved Continuing Education (ACE) program. Approval period: October 19, 2008 – October 19, 2011. Rogers Memorial Hospital maintains responsibility for the social work aspects of the program. Social workers should contact their regulatory board to determine course approval. Social workers will receive 6.0 clinical contact hours for participation in this course.

Licensed Professional Counselors: Rogers Memorial Hospital, provider number 6192, is recognized by the National Board for Certified Counselors (NBCC) to offer continuing education for National Certified Counselors. 6.0 instructional clock hours will be awarded. Rogers Memorial Hospital adheres to NBCC Continuing Education Guidelines.

Allied Health Professionals: The Medical College of Wisconsin designates this activity for up to 6.0 contact hours of continuing education for allied health professionals.

If an official document issuing credit is required, a completed evaluation form along with a completed continuing education credit request form (both will be included in your presentation materials) must be turned in at the registration desk prior to your departure. The official document will be mailed to the address you listed on the request form from either Rogers Memorial Hospital (social workers and professional counselors) or the Medical College of Wisconsin (physicians, nurse practitioners, psychologists and other allied health professionals).

Collectively presented by:

